Booklist for Movement:

A variety of books that have anything to do with how bodies move! For a variety of age ranges from toddlers through early elementary.

Babies on the Go by Linda Ashman; Ills. by Jane Dyer

Move! by Steve Jenkins; Ills. by Robin Page

Do Donkeys Dance? by Melanie Walsh

Who Hops? by Katie Davis

You are a Lion: and Other Fun Yoga Poses by Taeeun Yoo

Shrinking Mouse by Pat Hutchins

Wiggle Waggle by Jonathan London

I Am a Backhoe and I am a Tyrannosaurus by Anna Grossnickle Hines

Scoot! by Cathryn Falwell

O.K. Go by Carin Berger

Wiggle and Bounce and Stretch by Doreen Cronin; Ills. by Scott Menchin Jump! by Scott M. Fischer

Jump! by Steve Lavis

Off We Go! by Jane Yolen; Ills. by Laura Molk

The Swing by Robert Louis Stevenson; Ills. by Julie Morstad a board book Hop, Skip, and Jump Maisy by Lucy Cousins (non-circulating office ref) Alphabreaths: The ABCs of Mindful Breathing by Chrisptopher Willard; Ills. by Holly Clifton-Brown (tip: for storytime or lap-read time, pick a few, or have children pick a letter of the alphabet to do a breath on instead of trying to do the whole thing which would take too long!)

Board Book

Jump! by Tatsuhide Matsuoka

Non-fiction

Feathers, Flippers and Feet by Deborah Lock J 591.47 Lock

Going Places by Catherine Nichols J 591.56 Nichols

Swing, Slither or Swim: a Book about Animal Movement by Patricia M.

Stockland J591.5 Stockland

Paws, Wings and Hooves: Mammals on the Move by Keiko Yamashita J 599.0185

Wiggle Waggle Fun: Stories and Rhymes for the Very Very Young by Margaret Mayo J 808.8 Mayo

Twist: Yoga Poems by Janet S. Wong; Ills. by Julie Paschkis J 811.54 Wong