### TCP1. POEM IN Your POCKET DAY ANTHOLOGY 2022

He's so courageous that he sleeps on a bed made of fire.

He's so courageous that he eats rocks for breakfast.....and dinner, too!

He has more courage than the devil on a bad night.

He has more courage than he does mismatched socks.

He is...me!

He is caveman.

Rich Recchia

They are most skilled at loving and at being loved.

They are magical, precious beings, journeying through life.

Time is their rocket

fueled by laughter, and dreams that wait for them

in the sky.

They peer into tomorrow, and ask, "what new worlds can I explore?" And at the end of each day,

they power down and tuck themselves

into the arms of those they trust.

Their loyalty is stronger than the sun.

They twinkle and shine - a gift to the universe -

a perfect night in this darkened world.

Children.

Peaches Gillette

around in that big, blue bowl by the tides. All of it will find its way back to the sea. picked up and picked over by more hands than we both have seen in our lives and tossed all of it, the hair, the words, you, me, all seashells cast out, washed out to the ocean, think of myself laying in your bed, warm, writing this poem while you're getting clean, shower, rinsing the stray strands from your shoulders in your cold bathroom, and I you're sitting, shirtless, on your knees with your head down. I think of you now, in the the electric razor. It's still the coldest room of your otherwise one-room apartment, and white porcelain floor of your bathtub, falling from your head, falling from the teeth of You asked me to cut your hair for you, the darkest hair I've ever seen piling up on the

Greta Unetich

### **Swiss Border, December 1938**

As it was told to me
Four of them packed hurriedly
At 3am
Stuffed cash in bags
To fund exile in Palestine
Or Switzerland
Or anywhere they could get
When soldiers searched the car
They found in grandpa's valise
His Iron Cross

Let

Them

Drive past

Those soldiers

Michael Dixon

Between
The pages of
One old library book
Paper songbirds nest waiting for
Release.

Carrie Cuinn

Dream caught and rinsed and fried Breath blurt bursting through kissing tonsils

A nocturnal ledge step, sit, somersault Red and blue danger disco dance Scrunched closed eyes and arm out Sudden sleep snores Rising from a familiar narrow, long, white bed, not mine, Again.

Veronica Haunani Fitzhugh

The bride in me collapses, a day-after tent that was caught in a hilltop storm before it could be torn down.

Now I have my inner fire, which of course flickers at the whim of winds, blowing shadows at my sins and burning in an offspring.

The stiff fall grass will still be in my hanging dress.

**Audrey Baker** 

Kyiv railway station 20 March 2022
Inside the train, fingertips pressed to the window, hard.

On the platform fingertips against the window, hard

against departure.

Wheels turn clockwise west. He trots along westward, fingers slipping, her face in shadow, then gone.

Against the station wall

The news camera sends pixels to everyone to tell

What it is like to go to war.

LeGrace Benson

### ptsd

when my heart beat faster and i held my breath i heard his pitter-patter and i begged for death

when i ran to survive and i never looked back i sought respite and i still felt trapped

when i was finally free and i relived it in dreams i cried myself to sleep and i remembered nothing is as it seems

Jane Bowman

### Life's colors

He is blue or red or yellow or green—sad or angry or frightened about life, or envious of his neighbors, his spleen turned toward anger, as a menacing knife. Where does an aging man find peace? "I'll build some new and greater monuments," he pleads. He seems to have some plans yet unfulfilled, and wants to find some way to meet his needs, among them finding courage in the mess of what existence sometimes gives to him, the essences which sometimes turn to stress—or accept it all as nonsense, a whim.

Pattern his world with colors which employ other things possible: courage and joy.

Roni Fuller

I think perhaps it is easiest to love someone who clearly needs it.

How do you do with letting this be seen?

**Emily Walsh** 

## Jane Doe

Fearing only a future unchanged Strength above all else, caring, bold and full of heart In a sea of protesting people she finds herself She takes to the streets feeling the masses Who she can be, not who she is, or who they want her to be The struggle remains internal she fights herself She fights not for freedom, not for glory, not for gain

Sean McKean

### Portrait of a Girl, 1942

Based on a Jan Lukas photograph of Vendulka Vogelova, a few hours before she was transported to a concentration camp.

I am the mirror for one who speaks; these fresh gaps are wind in the linden trees, cotton flowers of life.

I am the mirror for one who is trembling like a child who has noticed too much, eyes hard olive pits. I think about how life cracks when the vanity glass overturns our hands. Sharp pints in bars. Uneven edges of ale. Crisp indignities of foam.

I am the mirror for all who choose not to speak. I crack in the dark. I shine in the snow.

Millicent Borges Accardi

### what's possible

A long time ago, in an auditorium lighted orange red on a warm winter's night

I heard Maya Angelou talk;

her voice alone was worth the price of admission.

From my cushioned blood-orange balcony seat I drifted in and out of my own troubles, circling beneath and above her grave words: take care she said,

make note of the human spirit, and of its virtues: kindness, compassion, charity – love; but regard the greatest of them all – courage, for without it none of the others are possible.

Gary Rasp

# Cause as Case for Courage

Do all true events ensue from your adequate Prior cause? Or did my cough and sore throat Just randomly occur? We may have to quit Kissing if this ill came from germs. Scapegoat Theories don't always make action feel better;

Some spreading plagues, like our brave love, Might come before or after. Such wet weather, So harsh lately, may have made phlegm move

In these sticky viral gobs. Claims nagging Mother: We've caught colds because our water heater's set Too low; dial it up to steam heat, buy a dishwasher. (She'd love to eat with us, then run it her next visit.)

Courage to notice correlation is a slick scientistic cure; But which truly causes what? Let's blame love's allure.

James W. Hamilton

### **The Library Card**

When I change my name The Librarian tells me "Congratulations.

It's a big step. I've Never done this before." I say, "neither have I."

Matt Dankanich

### The Yellow Bus

Nikita is 12 months old.
His mother is a sniper.
She holds his chubby little hand,
stroking it gently with her thumb.
The bus is full of snipers,
waiting for her to board.
Finally, she steps onto the bus,
waving goodbye to her son.
He smiles back at her.
The bus, along with many others,
leaves Kyiv for the countryside and the war.
Who is the most courageous? Him? Her? Them?

Ronda Roaring

### **Two Bells**

A ringing echoing singing and thundering Over and under and through the air

A jingling thrilling and jumping and cheering All who hear it in the square

The crashing correlates the creaking clock Finding the time at the rhyme of the dine

The dancing dresses the denizens dear With the joy of the season, that sweet summer ear

miles

You still have to show yourself After you molt

Musty Odorous Hot as coals

And if you choose instead To deflect critique: Of your pale new wings Of your reddened leaves

You still have to show yourself Refusing to molt Unable to breathe

Ro Adams

### Holding the Fox

she remembers how her grandmother died that snow-deep January when she was twelve and knew nothing of how emptiness can call and call for ghosts. The fox is red with a moon-white belly and softly she strokes its winter fur as it grunts and snorfles, then settles down to make a sound like crooning. How to protect a small creature so wild that does not know its own danger? Her grandmother's hair was warm red, too, and her own hangs like cold fire.

Katharyn Howd Machan

### It is not courage

When someone tells you their truth It is not courage.

When you reach out in the morning to the grumpy teen

It is not courage.

If you lose sight of a plan and make a change It is not courage.

If a friend offers advice you might not like It is not courage.

When you learn to overcome that obstacle It is not courage.

In all of the above it is Love.

Love of self, love of others, love of life that make the choices possible.

Elizabeth Stuelke

old man's small steps how distant the bus door **Ruth Yarrow** 

solid as a red brick wall deep rooted as a tree, of which once all were saplings until they came to be

a newer version of themselves, wrapped in roots and layers deep they looked for strength inside and delved to find the nerve to keep

walking down the dark lit road what waits there you know not but know now if you do not go then this was all for naught

fear may travel side by side

but you will weather, and abide

Claire Fisher

### I've Got This

I saw her sticking it,
One level up.
I tried and tried,
And my solution came up.
Practice on a line,
Don't want to give up.
Soon I will be like her,
One level up.

Grace Q

### **Smiley Face**

I was scared and nervous,
But then my fear went away.
I was bright as a cheerful flower.
Maybe the sun will go down,
And maybe I'll be blue again.
But I will always keep my smiley face on,
And be a happy girl.
That's how I get my courage.

Sloan Q

### the tree that ate up the world

it has its roots rather deep i shudder at the thought of picking them out of the deep of the ground

but that tree is sucking up life up litter up death up critters it's a dying thing that tree and everyone marvels as it keeps on living

but it's my job to uproot that tree and save for these dastardly feelings i would have been done by now but still i shovel, i hit, i pummel

at the tree that ate up the world

Ana D.

### **Bloom**

You are delicate, nimble,
Wind is the peaceful music you dance to.
You realize
Your rhythm is different than the rhythms
around you.

But like poppies in June,
You will bloom, little flower,
If they do not nourish your power,
Get louderYou will tower
Above all the ordinaries.

Zadie Wang

### Chesterfield

He walks beside the greenrunning shoes: gray tangerine a fading cadence born in Chesterfield

Not an OPEN sign in sight 'neath the stitch 'tween day and night in his mind he strides alight through Chesterfield

His pale shadow soars the 'walk glides the buildings like a hawk as it chalks its final flight yon Chesterfield

Jan Best

Can't you see?
Denying your heat
Is to muzzle the tides.
There is more than one
Way to be strong,
And you—
You are the roaring ocean.
Passion and fury overpouring,
tempests seething ice.
Deep below, vents hydrothermal,
The beginner of life.
So let your heart roar loud,
Loud, for all of us to hear,

And take what the water gave you.

Andreas Candelario

### **APRIL SNOW**

In the dim early sun I saw their mark—
Diffident, dizzy imprints in the snow
On the back porch, where breakfasting they go:
Chipmunks and finches, cardinals and larks.

Here in the fragrant kitchen, warmed with tea I with ungrateful thoughts rebuke the cold And am in turn rebuked by blue and gold Feathery flighty things content to be

Fed a few nuts and seeds this April day Dusting their wings before they fly away.

Susan Weitz

### Refugee

You crane your neck to see again what once you did call home.

Ellen Hirning Schmidt

### The Call

We cowered behind electric screens, doors, masks, isolation stretching the very limits of sanity. In our long torpor the old rules were forgotten.

But now the time has come—
The herald's horn beckons us to emerge, abandon our barren husks, burst forth with new life!

So we begin again with fresh and liberating purpose:
Bravely meet all beings with kindness.
Never recoil from the spectre of fear.
Help the helpless.
Embrace your dream, trust its inspiration.
Boldly plant the seed of love.

Eva Marques

## Castle on the Hill

together, and finally climb the roof, like I never thought I could. stand on the deck, cannonball in my swim cap, nod to all pieces put back No glass in the windows, not since 1971 or before. Your brickwork to think. You better believe I will go to you again, fix time, heaven—a dozen doors opening and slamming, making it hard and green nails, bathtubs that somehow never age. Could be underwater. crusty iron swallowed like mixing spoons in cake batter, pump parts walking 300 miles barefoot just to say it. Stay on this ground once with a trellis, Bakelite sunglasses, lap hankies, feathery ferns, I know which had my name on it, kissed it with my eyes. The old pool on the grass, inching Jenga blocks on the windiest day in March. You can imagine a place for decades and never get it right. Something like

Rachel Coye

### **Courage Built for Two**

The child pushes on the pedals
The shiny new wheels go round and round
The father, holding tightly from behind
Smiles as he finds that he can
Let go and watch his five year old
Dare to ride into the future.

Linda Keeler

### Prevention

One more day providing a lifeline through the phone, Praying once again my love will banish your demons just long enough for long, slow breaths so the day will end with tears unshed. and you still alive for a goodnight hug and muscles that have forgotten how to relax.

Suzanne Brody

#### Courage is the last to jump.

Brave goes first with lion's heart and james brown swagger two-timing the gritty treads bending the board like a ruler for a slap leaping broad, flying high, splashing hard exploding in laughter.

Courage goes last, with fish-gill breath and victim's heart owls eyes and turtles feet, a step, a drop, a splatter, a cry of relief.

Leo Tohill

### Ekphrastic on a Starbucks cup sleeve

They cut off her fins when she discovered she could swim past the slimy green jetty to find more of her kind.

Now steeping in vile reminders of what they've taken — why the sly smile? Funny thing...

She hasn't told them she can sing.

**Emily Cotman** 

# Courageous Fighter

Susan B. Anthony is courageous. She marched along while birds of blue and yellow She paved a path for feminism One day she went to the poll and tried to vote flew through the sky flashing the words "VOTE" While flags with purple, yellow and white soared high A leader in the women's suffrage movement Tirelessly fighting for the 19 Amendment

Allegra LaFalce

#### **Ocean Blues Yellow**

Yet strange things have been known to occur...a child's coloring book, the play of light and dark against a wall, may spring out in hardy bloom, ignoring colorless boundaries to climb sea cliffs in heliotropic health. But for too long I lived as a pale, yellow foraging sponge upon the ocean floor.

I didn't know that yellow was also a color for a rose, and noon

and lions.

Carolyn Clark

#### AT LEAST

If you try and fail
At least you are trying
If you sing and forget the words
At least you are singing
If you walk and stumble
At least you are not sitting and doing nothing
If you have a goal and do not reach it
At least you are doing what you can
To make your dreams come true
At least keep moving
That's the best thing to do.

Janie E. Bibbie

# On Surfing

What does being afraid do for you? ...it does nothing.

I see you from below,

you see me from above.

I am the wave that I create

Within fear and emotion.

The churning blue from underneath

Lifts us all in the end.

A blue line of life and death,

Beauty in a wave.

The deeper I go, the more I see

And my balance breaks

On the hazy line between the known,

And the wild.

Jenni Kivisild

## THROUGH FEAR

Talking is hard Especially around others, Walking about like I actually belong, Not erroneous in Nature, burdensome to All, crushing weight Of loneliness, doubt, Fear, anxiety chained Bones, but I Can't stay hidden. I must venture Forth, every single Day, despite everything.

K. Young

#### **Turning Earth**

Beneath the moon, rain, and starlight, I bend.

Kissed by my feet, between my toes, There among humus, black and brown, Turned in red clay, my ancestors, Inspired courageous seeds to open. Dreaming me.

bev abplanalp

More than slaves, the enslaved You want me to forget, to erase history

They were human beings Fathers, mothers, sisters, brothers

A few kin to their masters

Self educated, writers, fighters Seamstresses, innovators, farmers, charitable givers

Carpenters, ministers, great orators
You said they were dumb like animals

It was a lie

My God how did they do it? They had the stuff heroes were made from Travel surreptitiously from OI Virginny to upstate NY

Francine Wilson Jasper

#### Brazen

When the chaos starts, it startles the cat awake.

Two blue jays are losing their minds among the dying maple trees in our backyard.

Their furious calls burst like fireworks.

If the jays were human they'd be frat boys, jeering, preening, swinging baseball bats and holding these small trees hostage until the red tailed hawk that perches just beyond flies away to menace someone less enraged.

Even as the raptor glides off on a current, the echo of their screams remains in the chirping cat. Take no rest, no prisoners, take the world hostage if it means protecting what small part of it is yours.

Melanie

#### **Prowl**

Suspended from its shoulders the cat stalks the grasses
Too short to hide it
Seconds ago the birds escaped
Squirrels sprang, mice disappeared
Now is the test of patience and stupidity
Menace and need
No sunflower is worth a life
Sprinkled on the ground risking the spring

Of claws grip and teeth.

Maude Rith

At the zoo, I notice animals speaking to a reflection.

The mole-rat says: "you're not attractive enough,"

The panda says: "you're not smart enough,"

The meerkat says: "you're not tall enough,"

The fox says: "you're no lion," The hyena says: "you're not funny enough,"

And the owl says: "you're alone."

And so I look back, and say: These quotidian beasts look at this mirror and say: "that's you."

"You are fun-loving, you are resourceful,

You are clever, and you are wise." You value community, and you love your family,

And despite them, I speak to the person at the next exhibit,

Because courage is looking at yourself through someone else's eyes.

Kal Smith

#### (april 2020)

New month, new me? Ha ha we'll see. Truthfully, I feel upended... I'm drifting through a dream.

The days pass, the numbers rise.

When I look at myself, I see fear in my eyes.

And so I seek nature, run to sense it fast. Thirsty for my antidote, it helps the anxiety pass. Birds warble, creeks gurgle, tiny blooms are peeking through. Nature perseveres and I know we'll make it too.

S.M.C.

Celebrate National Poetry Month and put a Poem in your Pocket.

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